



Harmony Valley Farm 2025 CSA Information and Sign-Up Form

CSA membership allows you to connect with the farm and people where your food is grown. Together we will share in the bounty and the risks associated with farming. We look forward to providing you and your family with the highest quality, clean, fresh and nutritious vegetables. Everything we grow is **Certified Organic** by Midwest Organic Services Association (MOSA).

We offer **Vegetable Shares** for delivery to the **Twin Cities, MN; Madison, WI; and our local area (Viroqua, La Crosse & Onalaska)**. The information below outlines each of our shares with specific information to help you decide which shares best fit your needs. Each delivery is accompanied by a newsletter and email which includes information on storing and preparing your shares, delicious recipes and updates from your farm.

Vegetable Shares

Our vegetable shares are designed to meet the needs of a family of four. Take time to thoughtfully consider which shares will best meet the needs and eating habits of your household.

Weekly Vegetable Share: 30 boxes, delivered weekly May 8/9/10 - Oct 30/31/Nov 1 & every other week Nov 6/7/8 - Dec 18/19/20
\$1187

This share will give you the full seasonal experience from early spring through our peak summer season and concludes with our late fall season selections. Spring selections may include overwintered spinach & parsnips, asparagus, ramps, salad greens and spring radishes. See our "Peak Season" description below for our summer vegetable selections. Late season boxes may include a variety of root crops (carrots, parsnips, beets, celeriac), cabbage, onions, Brussels sprouts, garlic, sweet potatoes and winter squash. The weekly share is the most economical option per box. If a weekly box is too much for you, consider finding another household to share the box with or consider our every-other-week or flex shares below.

Peak Season Vegetable Share: 20 boxes, delivered weekly June 19/20/21 through Oct 30/31/Nov 1
\$856

This shorter season share features summer produce grown during the peak of our season. Box contents may include summer greens (such as swiss chard), green beans, cucumbers, sweet peppers, tomatoes, sweet corn, melons, strawberries, summer squash and more.

Every Other Week (EOW) Vegetable Share: 17 boxes, delivered every other week May - December
\$709.25

This share includes the same seasonal selections we pack in the weekly box, but delivered less frequently. EOW members pick up shares on either "GREEN" or "BROWN" weeks. Delivery calendars can be found on our website. Please indicate your preference on your sign-up form. If no preference is selected, we will automatically assign you a week. We are unable to change your delivery dates mid-season to accommodate vacations or other special occasions. If you would like the convenience of choosing and changing your delivery dates, please consider our "Flex" plan (see below).

Vegetable Flex Plan: Delivered May-December on the weeks of your choice. 10 box minimum purchase
\$42.80 per box

This share will allow you to choose which weeks you want to receive a delivery. Please use the delivery calendar available on our website to select preliminary delivery dates from May-December. Send this schedule to the farm along with your sign-up form. You will be able to make changes to your schedule throughout the season as long as you let us know by noon on Tuesday the week of the change. This option is also available for those who sign up part way into the season. This is a popular selection for members in smaller households or those that travel frequently for work or summer vacations. This has also become a popular gift for college students.

Spring Vegetable Share: 6 boxes, delivered weekly May 8/9/10- June 12/13/14
\$247

Join us for the first 6 deliveries of our season in May and the first few weeks of June. This is a unique part of the year featuring some of our early season spring favorites such as wild ramps, asparagus, overwintered spinach and parsnips, green garlic, salad greens, spring radishes, salad turnips, kohlrabi and a variety of early season greens. This share is a great option if you are interested in participating in a CSA but are hesitant about committing to the full season. *These boxes are already included as part of the weekly and every-other-week shares.*

Autumn Vegetable Share: 4 boxes, delivered every other week Nov 6/7/8 - Dec 18/19/20
\$176.50

Sign up by October 25 to receive a taste of what our farm offers at the end of our season, after many farms have finished with deliveries. Boxes may contain winter squash, garlic, onions, cabbage, tat soi, beets, carrots, winter radishes, sweet potatoes, Brussels sprouts and more! *These boxes are already included as part of the weekly and every-other-week shares.*

Every CSA share delivery arrives with a **"What's in the Box" email** and a **Blog post** including recipes, storage and preparation tips, and news from the farm. We also have a private **Facebook Group** where you can ask any vegetable or cooking question you might have, share recipes and pictures of things you're making in your own kitchen with other CSA members and so much more! Plus, all CSA members are invited to camp in our meadow. Call the farm and make a reservation to camp with your family at the farm!

Site and Pick Up Information

You will receive an email notification when your order is received. A receipt/invoice, directions to your site and instructions for picking up your shares will be mailed to you in April before deliveries begin. It is your responsibility to become familiar with this information and to keep it handy all season long.

Referrals and Rebates: Get Paid to Eat our Food!

- » Earn a \$10.00 HVF gift certificate for referring friends, family, co-workers or complete strangers! Be sure to tell them to include your name on the sign up form. Better yet, write your name in the referral line and hand out the sign-up forms!
- » Some insurance companies offer rebates to their members for their CSA membership. Check with your insurance provider to see if this option is available to you. It is the CSA member's responsibility to submit any documentation needed to redeem your rebate. Save a copy of your sign up form and the receipt! **You must pay the farm directly in order to receive a receipt for a CSA share.**

Payment Options

Signing up early in the season provides you with several different payment options, allowing you to find one that best fits your household and finances. Sharing households may choose any combination of the payment options below. Please note that we do not accept payment by debit or credit cards.

- » **Single Payment:** Enclose one check for the full amount, or set up a payment from your bank's online bill pay option.
- » **Two Installments:** Enclose two checks, one with today's date and one dated for deposit on July 1, 2025. We will hold the second check until July 1. The first check must pay at least 50% of the order, with the second check paying the remainder.
- » **Two Installments, Deferred:** Enclose two post-dated checks with the dates April 1 and July 1, 2025.
- » **Monthly Electronic Debit:** Pay for your CSA membership over the course of the year. There is no extra cost to pay with this method, but there is a \$5 NSF fee for any month your payment does not go through. Provide us with a voided check or your routing and account numbers to authorize us to debit your account on or soon after the 15th of each month. At the end of the year we will rollover your 2025 order for the 2026 CSA season and continue withdrawals. We will send you an email with the 2026 share information and you can choose to make changes to your share(s) or payment methods. **We can also do a one-time withdrawal from your bank account.**
- » **Partner Shares and/or SNAP Benefits:** For low-income families, we encourage you to apply for a Partner Shares grant through FairShare CSA Coalition. Partner Shares provides financial assistance for low-income households to enroll in our vegetable CSA program. Fill out our 2025 CSA Agreement form, along with FairShare's Partner Share Application (www.csacoalition.org/partner-shares). Email both of these forms to FairShare (info@csacoalition.org) and to us (csa@harmonyvalleyfarm.com). You may email or call FairShare (608) 226-0300 for more information as well.

Local Delivery Site - Thursday Delivery

Delivery Site	Address	Times
Viroqua (Thursdays)	Center St. (Near Nelson's)	7am - 7pm

Twin Cities Delivery Sites - Thursday Delivery

Delivery Site	Address	Times
St. Paul (Mac/Grove)	Watson Ave (Between Snelling Ave & Cleveland Ave)	9am - 7pm
Powderhorn	27th Ave S (Near E 35th St at Hiawatha & E 37th St)	9:45am - 8pm
Kingfield/ Lyn-Lake	Harriet Ave S (Harriet Ave S & W 37th St)	11am - 8pm
Linden Hills	Abbott Ave S (Off W 50th St)	11:30am - 7pm
St. Louis Park	Yosemite Ave S (Between Cambridge St & W 39th St)	12pm - 8pm
Bloomington	Quinn Rd (Near Poplar Bridge & Normandale)	12pm - 8pm
Eden Prairie (New Site)	Archer Ln (N of Pioneer Trl & E of Hwy 169)	12:30pm - 8pm
Minnetonka	April Lane (off Plymouth Rd, N of Minnetonka Blvd)	1pm - 8pm
Crystal/ Golden Valley	Jersey Ave. N. (North of Medicine Lake Rd)	1pm - 8pm
NE MPLS	Stinson Blvd (Near NE Stinson Ave & NE Lowry Ave)	3pm - 8pm
Roseville	2660 Civic Center Drive (Roseville City Hall)	3:30pm - 8pm
Como Park	Hoyt Ave W (Between Lexington Pkwy N & Victoria St N)	3:30pm - 8pm
Merriam Park	Portland Ave (Between Snelling Ave & Fairview Ave N)	2:30pm-6:30pm
Rosemount	Cameo Ave (Near Elementary & Middle Schools)	4:30pm - 8pm

Madison Area Delivery Sites - Thursday Delivery

Delivery Site	Address	Times
Symons Rec Ctr (New Site -Open to the Public)	Symons Cir, Richland Ctr (West Side Dr off Hwy 14 to Symons Circle)	6am - 8pm
Thermo Fisher Scientific (Open to Public)	Research Way (Off Pleasant View Rd, S of University Ave)	9am - 8pm
Midvale Heights (New Site)	Eyre Lane (North of Tokay Blvd & East of S Segoe Rd)	10am - 7pm
Nakoma	Council Crest (S Midvale Blvd & Nakoma Rd)	10:30am - 7pm
Vilas	Adams St (Between Oakland Ave & S Randall Ave)	12pm - 7pm
MGE (Employee Only)	Railroad St (near Blair St)	11:30am - 6pm
Tenney Park Area	Elizabeth St (between Few & Baldwin St)	11:30am - 7pm
Monona (New Site)	Owen Road (W of Monona Dr)	12pm - 7pm
Worthington	St Paul Ave (N of Milwaukee St)	12pm - 6pm
NE Madison	Jay Circle (Near Wheeler Heights Park)	1:30pm - 7pm
Hooper Corp (Open to Public)	6450 Pederson Crossing Blvd De Forest	2pm - 4:30pm
De Forest/ Windsor	Holland Fields Neighborhood (Off Gray Rd near County CV)	2pm - 7pm
Waunakee	Wimbleton Way (S of Woodland Dr near Bolz Conservancy Park)	2:30pm - 8pm
Middleton	Mayflower Dr (Between University Ave & Cty Rd M)	3pm - 7pm

Lunds & Byerlys Stores - Friday Delivery

All Lunds & Byerlys Store Locations	Please refer to our Lunds & Byerlys sign-up form for more information and pricing	12pm - 9pm
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Local Delivery Sites - Friday Delivery

Delivery Site	Address	Times
La Crosse	S 16th St (Off Main St)	11:30am - 8pm
Onalaska (New Site -Open to the Public)	Mitchell Holistic Health 1613 Main St	12pm - 5pm
The Farm	S3442 Wire Hollow Rd	3pm - 8pm

Madison Delivery Sites - Saturday Delivery

Delivery Site	Address	Times
Cross Plains	Tubbs Ct (Off Ludden Dr)	8am - 5pm
Parkwood Hills	Hodgson Ct (North of Old Sauk Rd & East of N Gammon Rd)	8am - 5pm
Spaight St	Spaight St (Between S Few St & S Baldwin St)	8am - 5pm
Union	Union St (East of Washington, North of Milwaukee)	8am - 5pm
Elmside	Elmside Blvd (Off Atwood Ave)	8:30am - 5pm
Lakeside	W Lakeside St (Near Olin Ave & S Park St)	9:30am - 5pm
Rugby Row	Rugby Row (Near West High)	10:30am - 5pm
Orchard	Orchard Dr (Between Mineral Point & Tokay)	10:30am - 5pm
Heatherdell	Heatherdell Ln (Near Todd Dr & Post Rd)	11:30am - 5pm
Verona	Enterprise Drive (W of North Main & South of Cross Country)	12pm - 5pm

To see a Google Map of our locations, visit <https://bit.ly/HVFSites>.

Harmony Valley Farm 2025 CSA Agreement Form

Fill out this form and send with your payment to the farm. Keep a copy for your records!

Sharing Households: If you are sharing your box with another household, remember that the farm packs only one box for your share; it is up to you to decide how to split it. Some households meet and physically split the box contents; others alternate weekly pickups so each household gets a full box every other delivery. Household 1 will be listed on the check off list, and will be the primary contact for your site coordinator. Please list the contact info for both households if you plan on sharing boxes and remember who is listed as Household 1. **You must pay the farm directly in order to receive a receipt.**

Household 1

Household 2

Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Phone: _____ Prefer Call or Text (Circle one)

Email: _____

Email: _____

Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Phone: _____ Prefer Call or Text (Circle one)

Email: _____

Email: _____

Quantity	Share	Pricing	Total
	Weekly Vegetable	\$1187.00	
	Peak Season Vegetable	\$856.00	
	Every Other Week Vegetable: <small>Circle Green or Brown week delivery preference</small>	\$709.25	
# of boxes _____	Vegetable Flex Plan <small>(minimum of 10 boxes) Please include your preliminary delivery dates with this form</small>	\$42.80 per box	
	Spring Vegetable Share	\$247.00	
	Autumn Vegetable Share	\$176.50	
	Coupon - Code and Amount		
	Grand Total		

Please indicate your delivery site:

1st choice _____

2nd choice _____

PAYMENT OPTIONS: We do not accept debit or credit cards. See page 2 for more information.

- _____ **Single Payment**
- _____ **Two Installments:** Enclose two checks, one dated today and one dated July 1st.
- _____ **Two Installments, deferred:** Enclose two checks, one dated April 1st and one dated July 1st.
- _____ **Partner Shares/SNAP Benefits** through FairShare CSA Coalition (see page 2 for more information)
- _____ **Monthly Electronic Debit:** Please sign below to authorize us to debit your account on or soon after the 15th of each month. Be sure to include a voided check with your order.
- _____ **One-Time Electronic Debit:** Please sign below to authorize us to debit your account on or soon after the 15th of the month. Include a voided check with your order.

Authorized Signature: _____

Date: _____

I would like to become a member of Harmony Valley Farm's Community Supported Agriculture program. As a CSA member I understand that I share in the bounty as well as the risks that accompany farming and that the farm plants and harvests with my share in mind. For this reason, I understand that Harmony Valley Farm CSA membership is a season long commitment. If I can't finish out the season as a member, for whatever reason, it is my responsibility to reassign my share and ensure payments are made. I understand that it is my responsibility to know when and where to pick up my shares and to do so following the guidelines outlined by Harmony Valley Farm.

Signature _____ Date _____

I am a new CSA member and was referred by or learned about HVF from: _____

Please send form and payment to:

**Harmony Valley Farm
S3442 Wire Hollow Rd
Viroqua, WI 54665**

Phone: (608) 483-2143 x2

Fax: (608) 483-2151

Email: csa@harmonyvalleyfarm.com

www.harmonyvalleyfarm.com